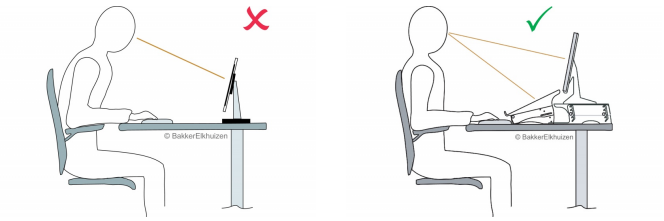
height adjustable monitor stand

Q-riser 130



Five possible height settings: optimal viewing angle (6-8-10-12-14 cm)

Smart: storage facility underneath the monitor

Cable management: integrated cable holder

Complies with legal requirements for healthy desktop computing

Suitable: for flatscreen monitors

Material: clear acrylic

Maximum weight: 25 kg.

Specifications

Dimensions:	310 x 60 x 265 mm (W x D x H)
Weight:	1050 g
Product code:	BNEQR130

Research
An optimum monitor position leads to lesser discomfort and complaints to the neck (Kumar 1994 McKinnon 1994, Marcus 2002). Positioning the monitor to low can lead to strong bending of the neck and therefore higher muscle tension of the neck muscles. But a position which is too high (higher than eye level) can also lead to problems. The optimum position increases the productivity by 10% (Sommerich et al, 1998).

1

1. "in-line" working

2. "Ergo Desktop cockpit"

2

Health & Safety Regulations
Council Directive 90/270/E the minimum safety and health requirementsfor work with display screen equipmentThe screen must swivel and tilt easily and freely to suit the needs of the operator.

www.bakkerelkhuizen.com - info@bakkerelkhuizen.com

BAKKER ELKHUIZEN